

MAY

2026



ARE YOU READY?

J9 Warfighter Resiliency Directorate
Colorado National Guard · Service Member & Family Support

MAY
FOCUS

★ Know Your Risks, Make a Plan

📁 Develop Your Family Crisis Response Plan



WHEN CRISIS STRIKES, YOUR PLAN SPEAKS LOUDER THAN PANIC.

Disasters — natural, technological, or cyber — rarely give advance notice. The Colorado National Guard J9 Directorate challenges every service member and family to build a crisis response plan before you need one. The time to prepare is NOW.

FOR SERVICE MEMBERS

★ REPORT TO DUTY

Instructions for Colorado National Guard Service Members

- 1 Report within 72 hours.** Report to your nearest National Guard facility no later than 72 hours from the onset of a grid or communications outage.
- 2 Bring what you need.** Arrive with your ID, duty uniform, issued gear (if easily accessible), personal hygiene kit, and sufficient personal supplies for at least 72 hours.
- 3 Travel safely.** Use the safest available route to your facility. Avoid high-risk or restricted areas during transit.
- 4 Stand by for orders.** Upon arrival, be prepared to receive follow-on instructions and reconciliation to your assigned unit.

FAMILY CRISIS ACTION CHECKLIST

Emergency Communication Plan

- Designate an out-of-state contact as your family hub
- Write down 3–5 key numbers; memorize 2
- Text before calling — texts route through congestion
- Set a scheduled family check-in time

Reconnection Meeting Points

- Two locations everyone must know
- Near home: neighbor's house or street corner
- Away from home: school, fire station, library
- Drill it — kids must know both spots cold

72-Hour Supply Kit

- 1 gallon of water per person, per day
- Non-perishable food & manual can opener
- Medications, first aid & copies of vital docs
- Cash in small bills — ATMs may go offline

Power & Light Essentials

- Flashlights + extra batteries per person
- Hand-crank or solar lanterns
- Portable battery packs — keep them charged
- Candles with holders & waterproof matches

SCENARIO: TOTAL GRID & COMMUNICATIONS FAILURE

★ WHAT IF ALL COMMUNICATION GOES DOWN?

Cyber Attacks on Infrastructure

Power grids, water systems, and financial networks face real threats. A total comms blackout requires analog planning.

Paper Maps & Offline Navigation

Download offline maps today. Know alternate routes without GPS. Keep a road atlas in every vehicle.

NOAA Weather Radio

Battery-powered weather radios still broadcast emergency alerts when the internet is completely gone. Have one ready.

Pre-Arranged Plans Win

Your meeting points and check-in times work with zero signal. Execute the plan you rehearsed — don't improvise.

ESSENTIAL SUPPLY CHECKLIST

📁 BUILD YOUR KIT — START HERE

- Water (1 gal/person/day)
- Non-perishable food
- Flashlights
- Candles & matches
- Battery packs
- First aid kit
- Hand-crank radio
- 7-day medication supply
- Cash - small bills
- Document copies
- Paper maps
- Spare keys
- Fire extinguisher
- Offline apps loaded
- Sturdy shoes/person
- Pet food & supplies



17 Programs Here to Support the Warfighter!

Call our Helpline: 866-333-8844

Free · Confidential · Available Now



COLORADO NATIONAL GUARD · J9 WARFIGHTER RESILIENCY DIRECTORATE

Resources, Tools & Support FOR YOUR FAMILY

Visit co.ng.mil/J9



Colorado National Guard
J9 Warfighter Resiliency Directorate

2026 "Are You Ready?" Campaign
May: Crisis Response Planning